

# UNWICH

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## INGREDIENTS

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romaine lettuce

lunch meat

cheese

mustard

pickles

tomato

onion

mayonnaise

## PROCEDURE

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Spread mayonnaise, mustard on a large piece of romaine lettuce, or other variety of choice.

Layer lunchmeat, cheese, pickles, tomato, onion and lettuce on top.

Season with salt and pepper.

Ideas:

Condiments: hummus, pesto, tzatziki, tahini, garlic aioli, horseradish, guacamole, ketchup, tomato sauce

Meats: ham, roast beef, turkey, corn beef, salami, chorizo, chicken, chicken salad, tune salad, hamburger, pepperoni, bacon

Cheese: Colby jack, American, cheddar, white cheddar, Colby, Monterey jack, mozzarella, feta, pepper jack

Toppings: banana peppers, cucumbers, avocado, cabbage, sliced peppers, olives, spinach, alfalfa sprouts, kale