ALMOND COCONUT FUDGE

INGREDIENTS

1/2 cup almond butter

1/2 tsp cinnamon

2 tbsp coconut oil

1/2 tsp ginger

1 tbsp honey - or stevia to taste

sea salt

PROCEDURE

Place all ingredients in a bowl and mash together thoroughly.

The fudge will harden in the fridge or retain a soft consistency at room temperature.

Consider adding ground cocoa for a chocolatey crunch.